



**LUNCH MENU**

**FJD**

**SALADS**

**Yellow Fin Tuna Nicoise Salad** 27  
Seared tuna | green beans | tomato | cucumber | olives | soft boiled egg | shaved fennel | capsicum | lettuce | saffron potatoes | citrus dressing

**The Poke Bilo** 24  
Brown rice | crispy fried seaweed | pickled ginger | crudités | miso & wasabi dressing  
Choice of tuna | beef | or chicken

**Caesar Salad** 23  
Mixed lettuce | crispy bacon | anchovies | parmesan | grilled garlic bread | soft boiled egg

**Island Salad -V** 24  
Wood roasted and smoked bread fruit | coconut hummus | mixed quinoa | garlic bread | freshly grated & toasted coconut | honey glaze carrots | spiced chick peas | extra virgin coconut oil & basil dressing

**Top Up Your Salad:** 10  
Choice of grilled chicken (120g) | grilled prawns (100g) | or seared tuna (150g)

**WOOD FIRED PIZZA -Gluten free option**

**Classic Margarita -V** 28  
Fresh tomato | mozzarella cheese | basil pesto

**Capricciosa** 30  
Mozzarella cheese | ham | mushrooms | artichokes | anchovies

**Solis Carnivore** 32  
Mozzarella cheese | ham | chorizo | chicken | beef | gherkins | spanish onion | bbq sauce

**Charcoal Roasted Garlic Prawns** 32  
Mozzarella cheese | roasted garlic prawns | roasted red peppers | gherkins | gremolata

**Garden Pesto -V** 30  
Pesto base béchamel sauce | mozzarella cheese | mushroom | grilled aubergine | capsicum | zucchini | okra | olives | capers

**SANDWICHES & PLATES GF bread option**

Served with chilli salt fries & Salad

**Wood Roasted Beef Burger** 32  
180g Wagyu beef patty | fried eggs | bacon | lettuce | tomato | crispy fried onion ring | special sauce

**Crispy Chicken "Parma" Burger** 28  
Panko chicken fillet | honeyed ham | Napoli sauce | cheese | coleslaw | Greek yoghurt | guacamole

**Green Pea Falafel Burger -V** 29  
House made green pea falafel | grilled zucchini | tomato | pickled cucumber | red onion | lettuce | cheese | tzatziki | black garlic hummus | sundried tomato milk bun



<b>Sofitel Club Sandwich</b>	30
Garlic & herb ciabatta   chicken   maple bacon   fried egg   lettuce   tomato   herb mayonnaise   onion jam	
<b>Spiced Cajun Chicken Wrap</b>	30
Cajun chicken   tomato   lettuce   garlic marinated feta   citrus yoghurt	
<b>The Fisherman's Fish Burger</b>	32
Char-coal grilled fish fillet   tempura fried soft shell crab   pickle cucumber   citrus togarashi mayo   melted cheese   citrus slaw	
<b>Vonu Battered Fish and Chips</b>	30
200g Mahi-Mahi fillet   tartar sauce   lemon wedge	
<b>FROM THE GRILL -<i>Gluten free option</i></b>	
Served with garden salad   creamy confit garlic sauce   chilli salt fries	
Grilled whole fish of the day (450-600g)	36
Chicken breast (180g)	34
<b>FAVORITES "30cm SKEWER"</b>	
Mixed Yasawa Island seafood   Spanish onion & peppers	36
Garlic and herb chicken   onions & zucchini	32
Peppered beef   mushroom   Spanish onion & peppers	30
<b>SIDES -v</b>	14
French Fries   Garden Salad   Steamed Local Vegetables   Pommes Mouseline	
<b>DESSERTS</b>	18
<b>Sigatoka Highland Pineapple &amp; Apple Crumble</b>	
Cinnamon & brown sugar stewed fruits   coconut crumble   mango passion ice cream	
<b>Lady finger bake well banana tart</b>	
Banana   fresh coconut & dark rum tart   cinnamon anglaise   sultana fig compote   milk ice cream	
<b>Decadent Chocolate &amp; Cherry Brownie</b>	
Chocolate brownie   peanut brittle   milk caramel   French vanilla ice cream	

**\*Please advise your service attendant if you have any food intolerance, allergies or any other special dietary requirements.**