



## LUNCH MENU

FJD

### SOLIS WAITUI-KAKANA *\*Accor Plus discount does not apply*

168

*(Feel like having seafood for dinner? Please place your orders with us by 4pm today)*

#### Hot

Crispy masala fried squid | prawns alla busara | fish two ways, charcoal grilled & baked in banana leaf with lemon butter | grilled baby lobster with truffle | chilli & garlic baby octopus

#### Cold

Poached local reef crab | kokoda | tuna sashimi | New Zealand greenlip mussels | shallot vinegar | cocktail sauce | soya sauce | wasabi | garden salad | rye bread

## SALADS

### Yellow Fin Tuna Nicoise Salad

25

Seared tuna | green beans | tomato | cucumber | olives | soft boiled egg | shaved fennel | capsicum | lettuce | saffron potatoes | citrus dressing

### The Poke Bilo

23

Brown rice | crispy fried seaweed | pickled ginger | crudités | miso & wasabi dressing  
Choice of tuna | beef | or chicken

### Caesar Salad

20

Mixed lettuce | crispy bacon | anchovies | parmesan | grilled garlic bread | soft boiled egg

### Island Salad

22

Wood roasted and smoked bread fruit | coconut hummus | mixed quinoa | garlic bread | freshly grated & toasted coconut | honey glaze carrots | spiced chick peas | extra virgin coconut oil & basil dressing

### Top Up Your Salad:

9

Choice of grilled chicken (120g) | grilled prawns (100g) | or seared tuna (150g)

## WOOD FIRED PIZZA with our version of tomato base pizza sauce

*(Gluten free pizza base available upon request)*

### Classic Margarita

20

Fresh tomato | mozzarella cheese | basil pesto

### Capricciosa

28

Mozzarella cheese | ham | mushrooms | artichokes | anchovies

### Solis Carnivore

28

Mozzarella cheese | ham | chorizo | chicken | beef | gherkins | spanish onion | bbq sauce

### Charcoal Roasted Garlic Prawns

29

Mozzarella cheese | roasted garlic prawns | roasted red peppers | gherkins | gremolata

### Garden Pesto

27

Pesto base béchamel sauce | mozzarella cheese | mushroom | grilled aubergine | capsicum | zucchini | okra | olives | capers

### Tandoori Smoked Chicken

29

mozzarella cheese | tandoori chicken | red onion | peppers | coriander | raita



## SANDWICHES AND PLATES

Served with chilli salt fries & Salad *(GF bread available upon request)*

<b>Wood Roasted Beef Burger</b>	29
180g Wagyu beef patty   fried eggs   bacon   lettuce   tomato   crispy fried onion ring   special sauce	
<b>Crispy Chicken "Parma" Burger</b>	26
Panko chicken fillet   honeyed ham   Napoli sauce   cheese   coleslaw   Greek yoghurt   guacamole	
<b>Falafel Panini</b>	23
House made chickpea falafel   grilled zucchini   tomato   pickled cucumber   red onion   lettuce   cheese   tzatziki   black garlic hummus	
<b>Sofitel Club Sandwich</b>	27
Garlic & herb ciabatta   chicken   maple bacon   fried egg   lettuce   tomato   herb mayonnaise   onion jam	
<b>Chicken Souvlaki Gyros</b>	25
Grilled lemon chicken   coleslaw   cucumber   tomatoes   pickled onion   black garlic hummus   tahini yogurt dressing	
<b>Vonu Battered Fish And Chips</b>	28
200g Mahi-Mahi fillet   tartar sauce   lemon wedge	

## FROM THE GRILL

Served with garden salad | creamy confit garlic sauce | chilli salt fries

Grilled whole sizzling fish of the day (450-600g)	36
Chicken breast (180g)	34
Rotisserie Peri-peri chicken ( served half bone in)	35
<b>Favourites "30cm Skewers"</b>	
Garlic prawns   Spanish onion & peppers	34
Tandoori chicken   onions & zucchini	30
Masala fish   Spanish onion & peppers	28

## PASTA

<b>Provencal Roasted Vegetable &amp; Potato Gnocchi</b>	28
Creamy tomato sauce   basil pesto   medley of roasted vegetables   parmesan   garlic bread	
<b>Dry Pasta with garlic bread</b> <i>(GF pasta available upon request)</i>	26
Choice of Penne   Spaghetti   Linguine	

### Sauces

Tomato Napoli | Creamy Chicken Pesto | Carbonara | Beef Bolognese

## SIDES 12

French Fries | Garden Salad | Steamed Local Vegetables | Pommes Mouseline

## DESSERTS 16

**Sigatoka Highland Pineapple & Apple Crumble**  
Cinnamon & brown sugar stewed fruits | coconut crumble | mango passion ice cream

**Lady Finger Bake Well Banana Tart**  
Banana | fresh coconut & dark rum tart | cinnamon anglaise | sultana fig compote | milk ice cream

**Decadent Chocolate & Cherry Brownie**  
Chocolate brownie | peanut brittle | milk caramel | French vanilla ice cream

Please advise your service attendant if you have any food intolerance, allergies or any other special dietary requirements.